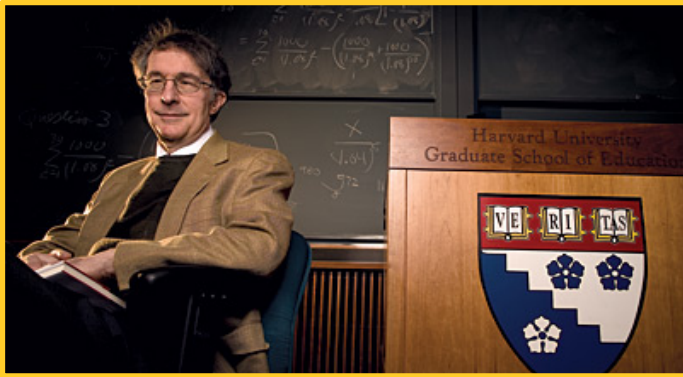


DR. HOWARD GARDNER & THEORY OF MULTIPLE INTELLIGENCE



Dr. Howard Gardner, a renowned scientist, psychologist & educationist, is the Hobbs Professor of Cognition and Education at the Harvard Graduate School of Education and Senior Director of Harvard Project Zero. Among numerous honors, Gardner received a MacArthur Prize Fellowship in

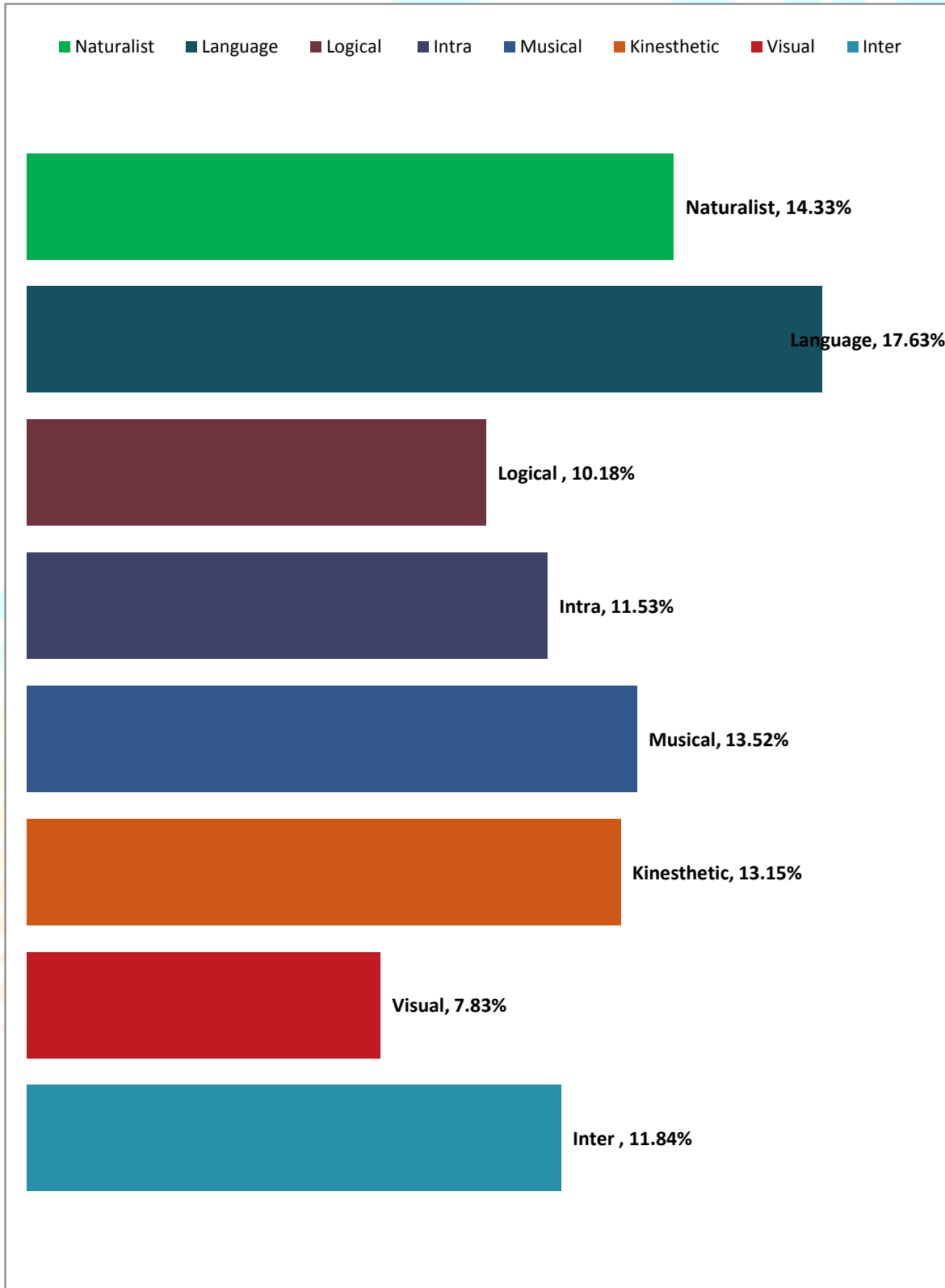
1981. He has received honorary degrees from twenty-two colleges and universities. In 2005 he was selected by Foreign Policy and Prospect magazines as one of 100 most influential public intellectuals in the world. The author of over twenty books translated into twenty-seven languages, and several hundred articles, Gardner is best known in educational circles for his "Theory of Multiple Intelligences" proposed in 1983, which has been widely accepted by science all over the world. And today there are many schools across the worlds which are running on the education pattern of "Theory of Multiple Intelligence". He has also written extensively on creativity, leadership, and professional ethics. His latest book Five Minds for the Future was published in April 2007.



8 MULTIPLE INTELLIGENCES

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GRAPH OF MULTIPLE INTELLIGENCE



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NATURALIST INTELLIGENCE (NATURE SMART)

"Ability to Understand Nature and using Touch, Taste & Smell"

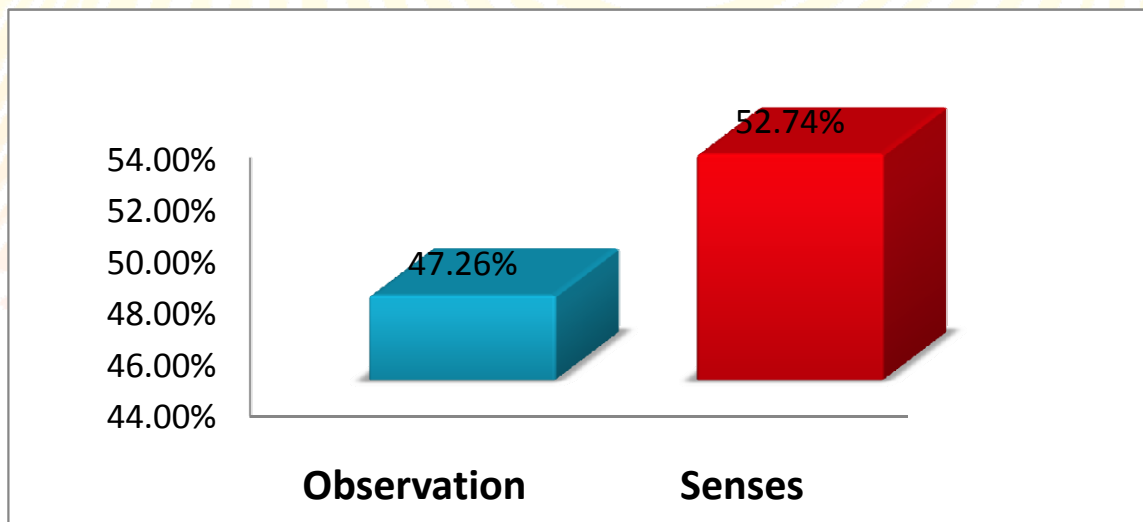


Observation Skills

47.26%

Senses

52.74%



NATURALIST INTELLIGENCE (NATURE SMART)

This intelligence has to do with understanding the natural world of plants and animals, noticing their characteristics and behavior.

People with high Naturalist Intelligence are generally good in observation. They are environment centric and have great love for nature. They love greenery, river, mountains, beaches etc.



14.33%

Remedies to develop your Naturalist Intelligence

- * Use all the senses while studying.
- * Create observation notebooks.
- * Create mind maps to explore, categorize and develop your thinking about problems and issues.
- * Describe changes in the local or global environment that affect you.
- * Become involved in the care for pets, wildlife, gardens, or parks.
- * Use binoculars, telescopes, microscopes, or magnifiers to see things differently.
- * Draw or photograph natural objects.
- * Watching animal behavior (squirrels or birds in the schoolyard).
- * Use a microscope, telescope, binoculars or hand lens.
- * Discerning changes outdoors over the course of the school year.
- * Watching the weather (to learn weather forecasting).
- * Notice ecological principles in action (e.g. decomposition of plant or animal material or
- * Imitating a biologist or ecologist doing field studies.
- * Listing data about characteristics (size, color, form, function, etc.).
- * Keeping data in a log, blog or diary.

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LINGUISTIC INTELLIGENCE (WORD SMART)

This intelligence has to do with words, spoken or written. People with high Linguistic Intelligence have good command over their words, language and are expressive in nature. They are typically good at reading, writing, telling stories and memorizing dates and words.



17.63%

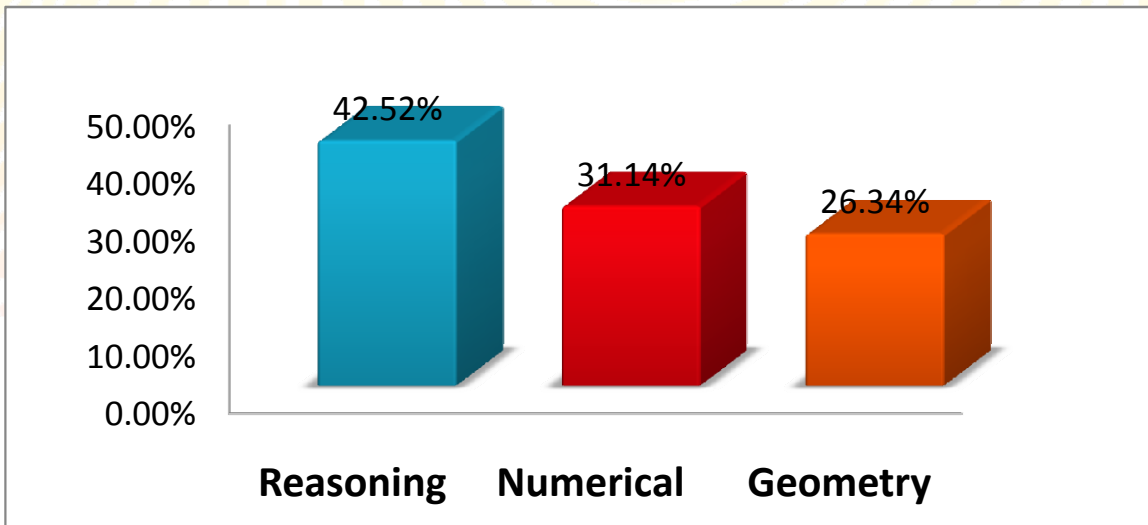
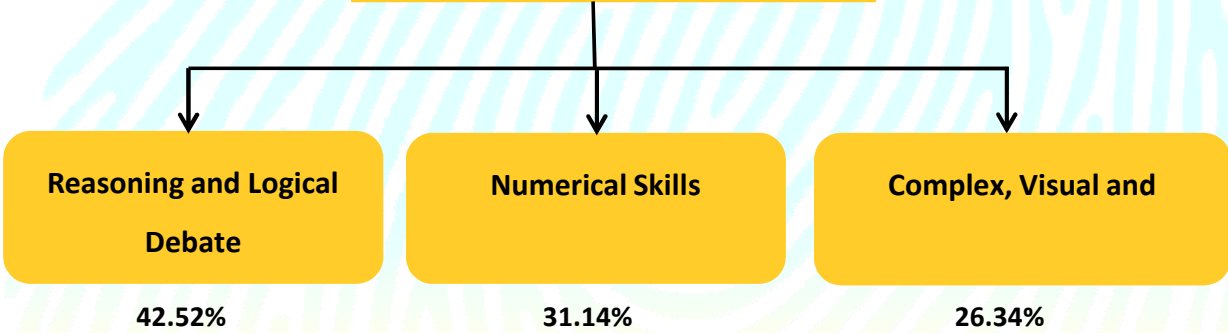
Remedies to develop your Linguistic Intelligence

- * Play word games (e.g. scrabble, crosswords, up words).
- * Join a book club.
- * Attend a workshop on writing through a local college.
- * Record yourself speaking and listen to the playback.
- * Visit the library and bookshops regularly.
- * Subscribe to a high-quality newspaper.
- * Read a new book every month.
- * Prepare an informal ten-minute talk for a business or community event.
- * Attend a speed-reading seminar.
- * Listen and watch recordings of famous orators, e.g. Martin Luther King, Winston Churchill, and Adolf Hitler.
- * Keep a daily diary or write 250 words a day about anything in your mind.
- * Find opportunities to tell stories to children and adults.
- * Make up your own riddles and jokes.
- * Teach an illiterate person to read through a voluntary organization.

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LOGICAL MATHEMATICAL INTELLIGENCE (NUMBER SMART)

"Ability to Understand Numbers and Applying Logic"



LOGICAL MATHEMATICAL INTELLIGENCE (NUMBER SMART)

This intelligence has to do with logic, abstract, reasoning and numbers. People with high Logical Mathematical Intelligence are generally good in mathematics, chess, computer programming, puzzles and other numerical activities.



People with high Logical Intelligence tend to be good in reasoning capabilities, scientific thinking, complex calculation, investigation and analysis.

10.18%

Remedies to develop your Logical Mathematical Intelligence

- * Play logical/mathematical games (Go, Clue do) with friends & family.
- * Avoid using calculator for simple calculations.
- * Learn to use an Abacus and Vedic Math's.
- * Work on logic puzzles and brain teasers.
- * Learn basic computer programming languages.
- * Read the business sections of the newspaper and look up unfamiliar economic or financial concepts. Visit a science museum.
- * Record yourself talking out loudly about how to solve logical or mathematical problems.
- * Help your kids with their math's/science homework.
- * Purchase a telescope and a microscope to discover new world.
- * Draw flowcharts of all the key processes in your department or area of work and then come up with new ideas on how to make whatever service you provide more effective.
- * Practice mental calculation whenever possible.
- * Develop the habit of asking "Why".

INTRAPERSONAL INTELLIGENCE (SELF SMART)

"Ability to Understand Yourself"

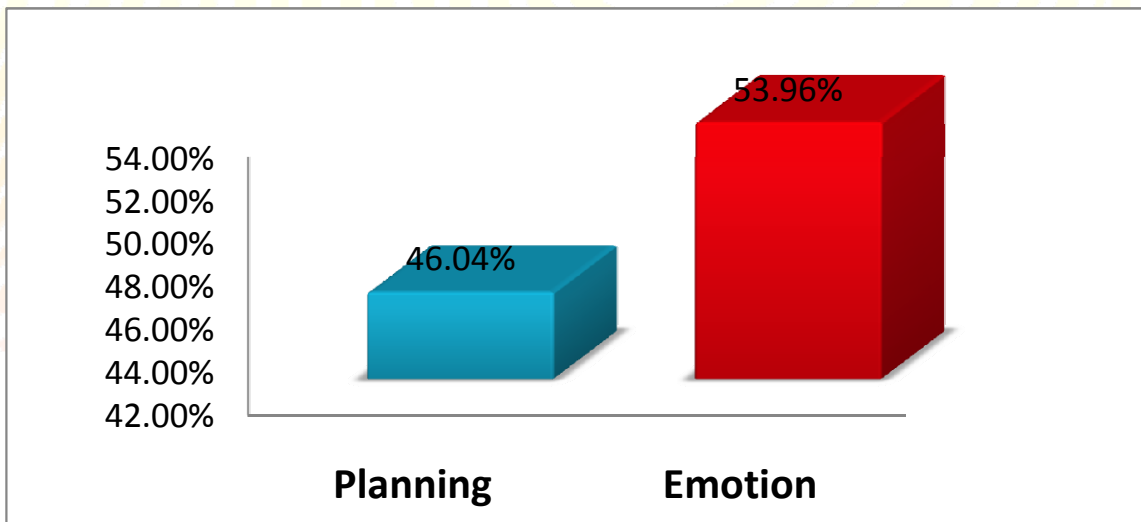


Planning, Intuitive, Judgment & Execution

46.04%

Motivational and Emotional Behavior

53.96%



INTRAPERSONAL INTELLIGENCE (SELF SMART)

This intelligence has to do with understanding & interacting with self. People with high Intrapersonal Intelligence are usually introverted and usually prefer to work alone. They are highly self-aware and capable of understanding their own mood, feelings, temperaments, motivation, strength & weakness.



11.53%

They often have infinity for thoughts based on philosophical approach. They learn the best when allowed to concentrate on the subject themselves. There is often high level of perfection associated with this intelligence.

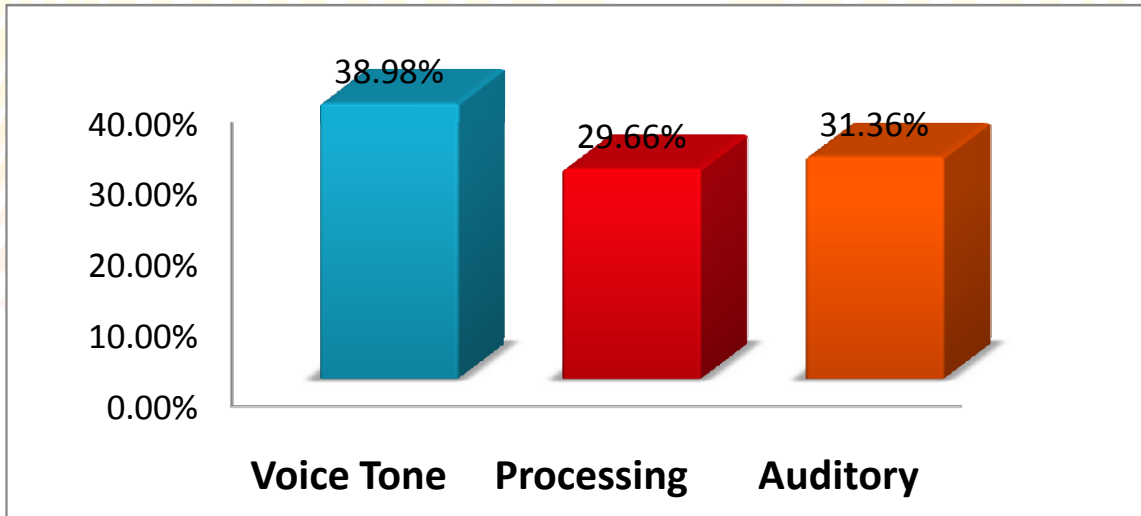
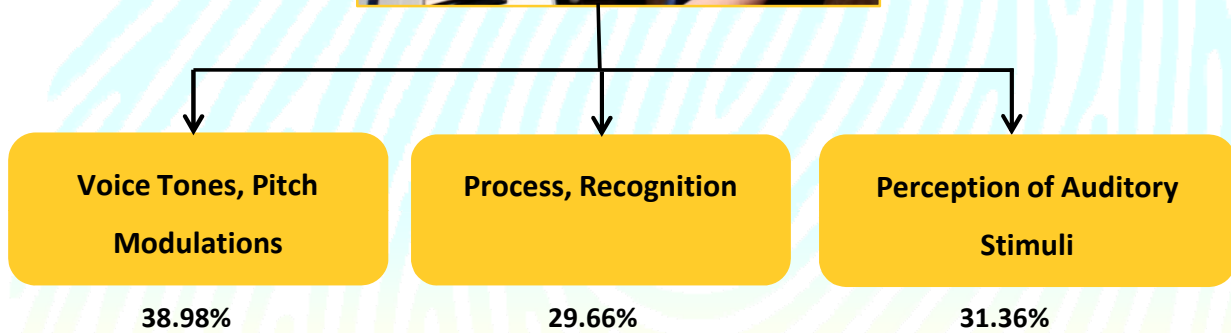
Remedies to develop your Intrapersonal Intelligence

- * Learn to meditate – or just set aside quiet time alone to think.
- * Study philosophy – especially the different schools of thought from different cultures.
- * Find a counselor or therapist and explore yourself.
- * Create your own personal ritual that makes you feel good as often as you choose to.
- * Record and analyze your dreams.
- * Read self-help books and listen to motivational speeches.
- * Establish a quiet place in your home for introspection.
- * Develop an interest or hobby that sets you apart from the crowd.
- * Keep a daily journal for recording your thoughts, dreams, goals, feelings and memories.
- * Do something to treat yourself at least once in a day, week OR month.
- * Study biographies of great individuals with powerful personalities who made a real impact on the world.
- * Keep a mirror handy and notice how your face changes depending on what kind of mood you are in.
- * Spend time with people who have strong & healthy sense of self.
- * Write your own autobiography and Love yourself.

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MUSICAL INTELLIGENCE (MUSIC SMART)

"Ability to Understand Sound"



MUSICAL INTELLIGENCE (MUSIC SMART)

This intelligence has to do with rhythm, sound, hearing & music. People with high Musical Intelligence display great sensitivity towards sound, rhythm, tone and music. They usually have good pitch and are able to sing or play musical instruments and compose music. They respond well towards rhythmic pattern and can be easily distracted by sound.



13.52%

There is a strong oral component in this intelligence, so those are good in this intelligence, can learn easily through a lecture mode. They may tune-in to music while studying or doing some other work.

Remedies to develop your Musical Intelligence

- * Sing in the shower, whilst driving your car – anywhere!
- * Listen to your musical collection regularly.
- * Spend one hour a week listening to an unfamiliar style of music for you (e.g. jazz, country & western, classical, folk, heavy rock, house music, etc.)
- * Learn to play a musical instrument.
- * Listen for naturally occurring melodies such as footsteps, birdsong, sea shore even washing machines!
- * Play "Name the Tune" game.
- * Go to concerts or musicals.
- * Join a singing group.
- * Regularly read poetry.
- * Buy an electronic keyboard and learn simple melodies and chords.
- * Put on background music whilst studying, cooking, dressing or eating.
- * Learn to identify birds by their song.
- * Create a musical autobiography by collecting recordings of music that has been important to you at different times of your life.

KINESTHETIC INTELLIGENCE (BODY SMART)

"Ability to Play with your own Body and Hands"

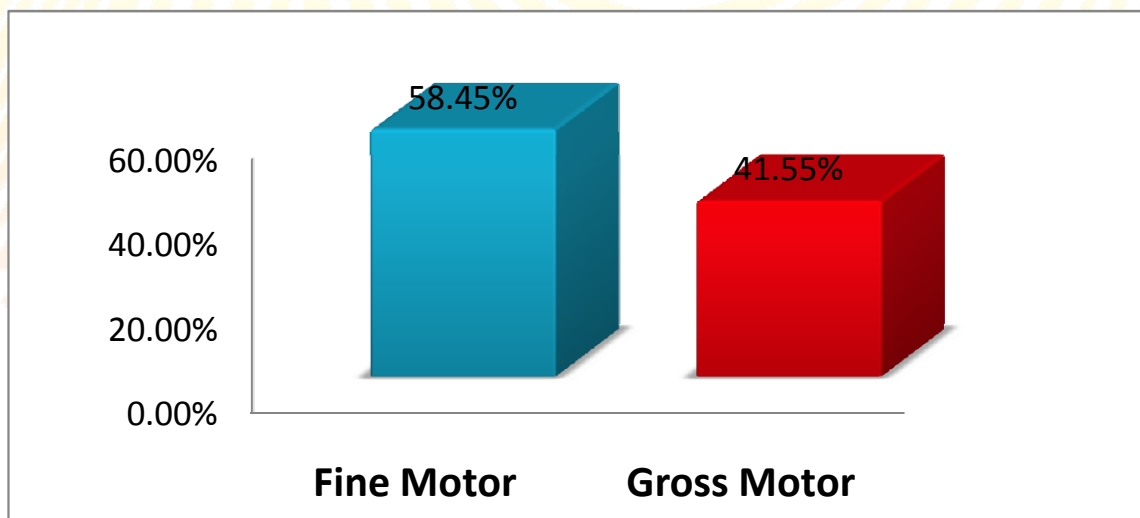


Fine Motor
movements, Spatial

58.45%

Sensory Integration, Gross
Motor Skills

41.55%



KINESTHETIC INTELLIGENCE (BODY SMART)

This intelligence has to do with body movement & physical activities. People with high Kinesthetic Intelligence are usually very good at body movement, physical activities, dance, jogging, walking, swimming, sports etc.



13.15%

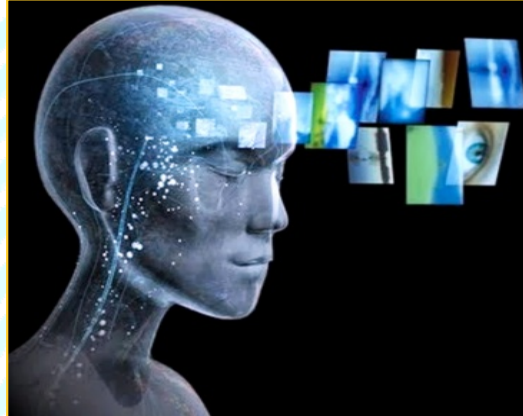
Remedies to develop your Kinesthetic Intelligence

- * Learn to rearrange things.
- * Join any sports team.
- * Put on a blindfold and have a friend lead you around to explore the environment with your hands.
- * Take lessons in golf, swimming, tennis or gymnastics.
- * Learn a martial art like judo or karate.
- * Exercise regularly and keep track of the idea that occurs to you during sessions.
- * Learn a craft such as woodworking, sewing, weaving or pottery.
- * Walk on the rope, balance beams or low walls to improve your sense of balance.
- * Learn SPA therapy or how to give a great massage.
- * Help children to complete their arts and crafts projects.
- * Develop hand-eye co-ordination by bowling, tossing or basketballs.
- * Take a class in acting or join a local amateur dramatic company.
- * Play video games that require the use of quick reflexes.
- * Take formal lessons in dance (modern, ballroom, etc.)

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VISUAL INTELLIGENCE (ART SMART)

"Ability to Understand by Seeing and Imagining"

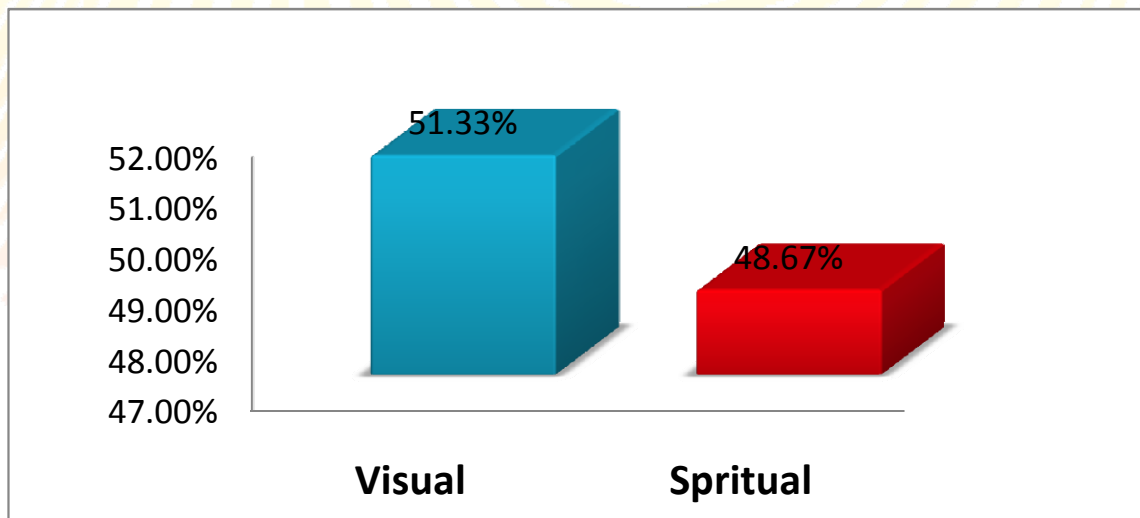


3D Space Processing

51.33%

Visual Processing, Spiritual Relations

48.67%



VISUAL INTELLIGENCE (ART SMART)

This intelligence has to do with vision & spatial judgment. People with high Visual Intelligence are usually very good at visualizing and mentally creating and manipulating the objects. They are inclined towards artistic work and have good visual memory.



7.83%

People with high Visual Intelligence have good sense of directions. They are also good at eye-hand coordination. High Visual Intelligence can make a person preferred Visual Learner.

Remedies to develop your Visual Intelligence

- * Use pictures and symbols at meetings to represent important concepts, or concepts that would take a lot of words to describe.
- * Draw a picture or diagram of a problem or issue to identify root cause of problem.
- * Create a mind map of a problem or issue.
- * Use diagrams and flowcharts instead of words.
- * Make visual notes of what someone is saying rather than using words.
- * Encourage yourself to sketch at the same time when you are thinking.
- * Keep a personal sketchbook to draw pictures of your ideas.
- * Join painting classes, participate in drawing competitions.
- * Work on Jig-saw puzzle, Visual Puzzles or any other puzzles.
- * Learn photography.
- * Study geometry.
- * Learn ideographical based language like Chinese.
- * Purchase a visual dictionary and use it for your references.
- * Learn to use flow chart, decision trees, diagrams and visual representations.

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INTERPERSONAL INTELLIGENCE (PEOPLE SMART)

"Ability to Understand Others"



Social Behavior, Language
Comprehension

55.77%

Motivation, Emotions

44.23%

